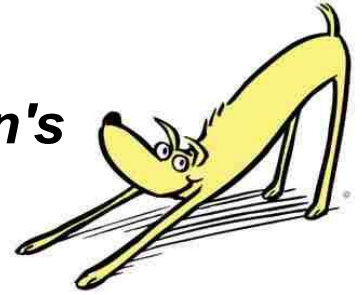


**Schedule for
Mindful Movement: You, Yoga, and Parkinson's
Fridays from 11:00 am-12:15 pm
in Berkeley**



12/7/18 Aileen Kim	12/14/18 Aileen Kim	12/21/18 Pamela Perry	12/28/18 No class	
1/4/19 Aileen Kim	1/11/19 Aileen Kim	1/18/19 Cheryl Armstrong (sub)	1/25/19 Aileen Kim	
2/1/19 Pamela Perry	2/8/19 Cheryl Armstrong (sub)	2/15/19 Pamela Perry	2/22/19 Aileen Kim	

For inquiries or class location, call Aileen at 510/406-1320 or Pamela at 510/658-3699.

as of 12/8/18