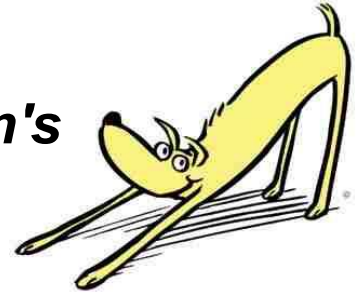


Schedule for
Mindful Movement: You, Yoga, and Parkinson's
Fridays from 11:00 am-12:15 pm
at 1914 Oregon St (at MLK Jr Way), Berkeley



2/7/20 Pamela Perry	2/14/20 Aileen Kim	2/21/20 Pamela Perry	2/28/20 Aileen Kim	
3/6/20 Pamela Perry	3/13/20 Aileen Kim	3/20/20 Pamela Perry	3/27/20 Aileen Kim	
4/3/20 Aileen Kim*	4/10/20 Aileen Kim*	4/17/20 Pamela Perry*	4/24/20 Aileen Kim*	

* Class will be livestreamed using Zoom.
 Contact the instructor for details.
 For inquiries, call Aileen at 510/406-1320 or
 Pamela at 510/658-3699.

as of 4/1/20