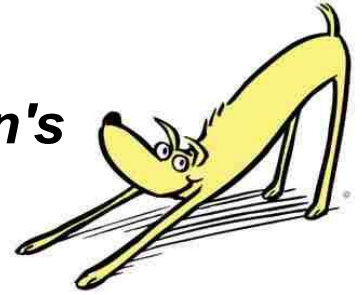


**Schedule for  
Mindful Movement: You, Yoga, and Parkinson's  
Fridays from 11:00 am-12:15 pm  
in Berkeley**



10/5/18 Pamela Perry	10/12/18 Pamela Perry	10/19/18 Pamela Perry	10/26/18 call to confirm class	
11/2/18 Pamela Perry	11/9/18 Aileen Kim	11/16/18 Pamela Perry	11/23/18 No class	11/30/18 Pamela Perry
12/7/18 Aileen Kim	12/14/18 Aileen Kim	12/21/18 Pamela Perry	12/28/18 call to confirm class	

If you have questions, or would like the class location, call Aileen at 510/406-1320 or Pamela at 510/658-3699

as of 9/27/18