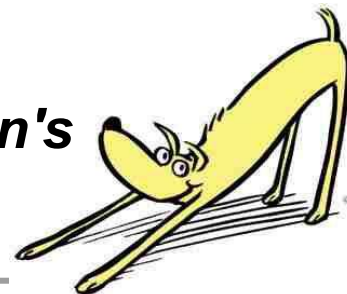


# Schedule for *Mindful Movement: You, Yoga, and Parkinson's* Fridays from 10:30-11:45 am



12/1/17 Aileen Kim	12/8/17 Pamela Perry	12/15/17 Pamela Perry	12/22/17 Aileen Kim	12/29/17 Aileen Kim
1/5/18 Pamela Perry	1/12/18 Class cancelled	1/19/18 Pamela Perry	1/26/18 Aileen Kim	
2/2/18 Pamela Perry	2/9/18 Aileen Kim	2/16/18 Pamela Perry	2/23/18 Aileen Kim	
3/2/18 Pamela Perry	3/9/18 Aileen Kim	3/16/18 Pamela Perry	3/23/18 Aileen Kim	3/30/18 Pamela Perry

If you have questions, or would like the class location in Berkeley, call Aileen at 510/406-1320 or Pamela at 510/658-3699

as of 1/3/18